

## Wellness Plus Discount Plan

### Dental Care discounts from Careington International:

- 5% to 60% savings on most dental procedures, including routine oral exams, unlimited cleanings, and major work such as dentures, root canals and crowns
- 5% to 20% savings on normal fees – where available – for specialties such as orthodontics, endodontics, oral surgery, pediatric dentistry, periodontics and prosthodontics
- Access to over 95,000 dental access points

### Join today and save on more health care services for your family

- **Chiropractic and Alternative Medicine Discounts from American Specialty Health:** Save 25% on chiropractic visits and receive discounts on health and wellness products
- **Prescription Discounts from MedImpact:** An average savings of 15% to 60% off generic drugs and an average savings of 15% to 25% off brand name prescriptions at over 58,000 participating pharmacies nationwide
- **Weight Loss Management from Weight Watchers:** Save on weight loss offerings such as: Monthly Pass, Online Subscription and the At Home kit – Deluxe Edition, where available in the U.S.
- **Trotter Wellness®** provides a single source wellness solution for members through a complete online suite of health risk assessments, program interventions, health information and decision support tools. These tools optimize a member's health through prevention, reducing identified health risks, disease intervention as well as establishing specific goals and objectives

*\*Members' personal information is strictly confidential.*

- **Financial Counseling from askAFS:** Access to accredited financial counselors via a toll-free help line
- **Family Legal Protection Plan from Legal Access Plans:** Pre-qualified network of over 17,000 attorneys who provide consultations to help analyze legal issues, point out strategies and options, and recommend a course of action

### Plus additional discounts\*:

- Counseling program
- Diabetic supplies
- Vitamins and supplements
- Medical mediation
- Lab services
- Imaging services
- 24-Hour nurse line

*\*discounts not available in all states.*

Wellness Plus discount plan starts at

**\$15.<sup>95</sup> / monthly**

ISLA-WELL

## Dental & Vision Plus Discount Plan

### Dental Care discounts from Careington International:

- 5% to 60% savings on most dental procedures, including routine oral exams, unlimited cleanings, and major work such as dentures, root canals and crowns
- 5% to 20% savings on normal fees – where available – for specialties such as orthodontics, endodontics, oral surgery, pediatric dentistry, periodontics and prosthodontics
- Access to over 95,000 dental access points

### Join today and save on more health care services for your family

- **Vision Discounts from EyeMed:** Save 20% to 40% off the retail price of eyewear and receive discounts on exams and contact lenses
- **Prescription Discounts from MedImpact:** An average savings of 15% to 60% off generic drugs and an average savings of 15% to 25% off brand name prescriptions at over 58,000 participating pharmacies nationwide
- **By using the HearPO network** of over 2,500 locations throughout the nation, members can save on hearing aids, as well as a 30% discount off of diagnostic services which include hearing exams, and batteries. **Lowest Price Guarantee\*:** If you should find a lower price at another local provider, we'll gladly beat that price by 5%

*\*Competitor coupon required for verification of price and model. Limited to manufacturers offered through the HearPO program. Local Provider quotes only will be matched*

- **Lab Services from Direct Labs:** Save 10% to 80% on regular retail pricing of blood tests at over 3,000 certified labs nationwide
- *\*Not available in HI, MA, NY, NJ and RI*
- **Vision Correction Surgery from National Lasik Network:** Savings of 15% off the standard price or 5% off the promotional price of LASIK procedures
- **US Imaging** offers VIP appointment scheduling for radiology testing such as MRI, CT and PET scans at over 2,400 high quality facilities nationwide

*\*This product is not available in HI, VT and WY.*

- **Global Total Health** gives members access to the highest quality diabetic supplies at reduced prices disbursed through a sophisticated distribution channel. GTH offers all-inclusive wholesale pricing to members with no shipping or handling fees, priority mailing on all products, the world's most advanced diabetic testing meter, and much more

Dental & Vision Plus discount plan starts at

**\$8.<sup>95</sup> / monthly**

ISLA-DVPL

## How to join

1. Phone: (800) 290-0523 between 7 a.m. and 7 p.m. CST Monday through Friday
2. Online: [www.careington.com/co/isla](http://www.careington.com/co/isla)
3. Fax: (877) 335-7811
4. Mail: Careington International Corporation  
Attn: Member Services  
7400 Gaylord Parkway  
Frisco, TX 75034

## How to use a discount plan

It's easy to use your discount plan. When you join the plan, you will receive your membership kit in 7–10 business days. Simply follow the directions to access your discounts, and start saving!

You must present your membership card at the time of service to receive a discount.

1. To locate and verify a list of participating providers in your area, visit [www.careington.com/co/isla](http://www.careington.com/co/isla) or call member services at 800-290-0523.
2. You are responsible for paying the provider the entire discounted fee at the time service is provided.
3. If you have any questions about how to use your discount plan, call our Member Services department toll-free 800-290-0523, anytime between 7 a.m. to 7 p.m. CST, for prompt and friendly assistance.

## For more information:

[www.careington.com/co/isla](http://www.careington.com/co/isla)

Administered by:  
Careington International Corp.

Careington is a member of:  
CHA ACCREDITED BUSINESS ncccp



# Islamic Schools League of America Discount Plans



Take 30 days to try the plan

Helping you save on hearing, vision, dental prescription, labs, imaging and more!

Careington Promoting Health and Well-Being

# Islamic Schools League of America Discount Plans

## Helping you save on your health care costs!

Islamic Schools League of America has partnered with Careington International to offer three new and exciting health discount plans. It's easy to choose the right discount plan for you and your family.



### Disclosures:

#### **THIS PLAN IS NOT INSURANCE. THIS IS NOT A MEDICARE PRESCRIPTION DRUG PLAN.\***

This plan does not meet the minimum creditable coverage requirements under M.G.L. c. 111M and 956 CMR 5.00. The plan provides discounts at certain health care providers for medical services. The range of discounts will vary depending on the type of provider and service. The plan does not make payments directly to the providers of medical services. Plan members are obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with the discount medical plan organization. You may access a list of participating health care providers at [www.careington.com/co/isla](http://www.careington.com/co/isla). Upon request the plan will make available a written list of participating health care providers. You have the right to cancel within the first 30 days after receipt of membership materials and receive a full refund, less a nominal processing fee (nominal fee for MD residents is \$5). Discount Medical Plan Organization and administrator: Careington International Corporation, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380.

The program and its administrators have no liability for providing or guaranteeing service by providers or the quality of service rendered by providers. This program is not available in Montana and Vermont. This plan is not currently available in Washington. \*Medicare statement applies to MD residents when pharmacy discounts are part of program.

## Total Care Plus Discount Plan

### Dental Care discounts from Careington International:

- 5% to 60% savings on most dental procedures, including routine oral exams, unlimited cleanings, and major work such as dentures, root canals and crowns
- 5% to 20% savings on normal fees – where available – for specialties such as orthodontics, endodontics, oral surgery, pediatric dentistry, periodontics and prosthodontics
- Access to over 95,000 dental access points

### Join today and save on more health care services for your family

- **24-hour Nurse Line from Carenet:** Nurse triage services available 24 hours a day, 7 days a week via a toll-free number.

*This product is not available in MA.*

- **Weight Loss Management from Weight Watchers:** Save on weight loss offerings such as: Monthly Pass, Online Subscription and the At Home kit – Deluxe Edition, where available in the U.S.
- **AmeriDoc** provides you and your family with round-the-clock access to U.S.-based physicians for telephone, video and email medical consultations. Regardless of time or your location, you can connect with a physician in real-time for general information, review your medical records, answer questions, diagnose common conditions, recommend treatment plans, and prescribe non-controlled medications when appropriate

*\*Video consultations not available in all states. High-speed internet and a Web camera are needed for video consultations.*

*\*This product is not available in MA.*

- **Medical Mediation from HealthCare Mediation:** Medical bill negotiation experts help members achieve savings of 20% to 40% on their hospital and doctor bills

*\*This product is not available in MA.*

- **Vision Discounts from EyeMed:** Save 20% to 40% off the retail price of eyewear and receive discounts on exams and contact lenses

- **Vision Correction Surgery from National Lasik Network:** Savings of 15% off the standard price or 5% off the promotional price of LASIK procedures
- **Trotter Wellness®** provides a single source wellness solution for members through a complete online suite of health risk assessments, program interventions, health information and decision support tools. These tools optimize a member's health through prevention, reducing identified health risks, disease intervention as well as establishing specific goals and objectives

*\*Members' personal information is strictly confidential.*

- **Prescription Discounts from MedImpact:** An average savings of 15% to 60% off generic drugs and an average savings of 15% to 25% off brand name prescriptions at over 58,000 participating pharmacies nationwide

- **Chiropractic and Alternative Medicine Discounts from American Specialty Health:** Save 25% on chiropractic visits and receive discounts on health and wellness products

- **Lab Services from Direct Labs:** Save 10% to 80% on regular retail pricing of blood tests at over 3,000 certified labs nationwide

*\*Not available in HI, MA, NY, NJ and RI*

- **Swanson Health Products** sells vitamins and supplements, organic foods, natural skincare products, homeopathic remedies and more. Swanson offers members a 10% discount on all products at check out or Swanson will match the price of a product if the customer finds a lower price at another merchant

- **Counseling Program from American Behavioral:** Counselors help identify problems and assist in working through them, determine the best alternatives and, if necessary, make appropriate referrals to specialized professionals. Web-based services are available with over 20,000 resources. *6 one-half hour counseling sessions available per household each year*

- **Financing Options for Health Care Procedures from My Medical Loan.** All offers and interest rebates are based on approved credit

- **Roadside Assistance from Roadside Protect:** Telephone roadside dispatch available to members 24 hours a day, 7 days a week, and 365 days a year

- **US Imaging** offers VIP appointment scheduling for radiology testing such as MRI, CT and PET scans at over 2,400 high quality facilities nationwide

*\*This product is not available in HI, VT and WY.*

- **Global Total Health** gives members access to the highest quality diabetic supplies at reduced prices disbursed through a sophisticated distribution channel. GTH offers all-inclusive wholesale pricing to members with no shipping or handling fees, priority mailing on all products, the world's most advanced diabetic testing meter, and much more

- **Pet Pharmacy discounts from Health Matters International:** Pet prescription program offers members 20% to 70% savings on retail prices for FDA approved, popular name brand items. 30 to 90 day supply of medication delivered to your door

Total Care Plus discount plan starts at

**\$18.<sup>95</sup> / monthly**

ISLA-TCPL

Please visit online to learn more:

[www.careington.com/co/isla](http://www.careington.com/co/isla)

**See reverse side for additional plans and discounts**